

# Southend, Essex & Thurrock (SET) CCGs Looked After Children and Care Leaver Health Strategy 2018-2020

**Aim: To reduce unwarranted variation and improve outcomes for looked after children and care leavers across SET**

**ALL UNDERPINNED BY STRONG LEADERSHIP**

THEME	Quality and Performance	Emotional health & wellbeing/ mental health	Voice of children/ young people & engagement	Commissioning of services
AIMS	<ul style="list-style-type: none"> <li>Quality assurance of all health assessments as per SET quality tool</li> <li>Health assessments completed within statutory timeframes</li> <li>The child's health needs are a key consideration within placement planning</li> <li>Staff receive LAC training as per intercollegiate document</li> <li>health plan is fully embedded in care planning</li> <li>Children placed out of SET receive high quality care</li> <li>Robust communication and pathways</li> <li>To establish a single pathway for LAC with an EHCP</li> </ul>	<ul style="list-style-type: none"> <li>All requests for review health assessments are accompanied by a recent SDQ from local authority</li> <li>Clear pathways in place for emotional wellbeing and mental health of children looked after to ensure needs are identified and addressed early</li> </ul>	<ul style="list-style-type: none"> <li>All care leavers transitioning from care (from 16) are given a fully comprehensive health passport</li> <li>To improve access, involvement and worker- child relationships for all children and young people in care</li> </ul>	<ul style="list-style-type: none"> <li>Clear expectations for SET service commissioning</li> <li>Adopt NHS England guidance unwarranted variation guidance</li> <li>SET profiling of health needs to inform JSNA and commissioning</li> <li>Raise the profile of LAC within safeguarding contractual standards and safeguarding clinical network</li> </ul>
NICE 31	QS2 – collaborative working QS3 – placement quality/stability QS5 – specialist services support	QS1 – warm, nurturing care QS3 – placement quality/stability QS5 – specialist service support	QS4 - support identity and relationships QS8- support independence	QS5 – specialist service support QS6 – continuity for out of borough placements
OUTCOMES	<ul style="list-style-type: none"> <li>High quality health assessments completed within statutory timeframes</li> <li>Health needs of children looked after are identified and met</li> <li>Placement stability</li> <li>Positive experiences of services and good engagement</li> <li>Improved process and information sharing for LAC and EHCP</li> </ul>	<ul style="list-style-type: none"> <li>Placement stability</li> <li>Positive relationships with peers and carers</li> <li>Improved overall wellbeing now and in the long term</li> <li>SDQ score informs health assessment</li> <li>Reduce impact of adverse childhood cumulative experience</li> </ul>	<ul style="list-style-type: none"> <li>Positive experience of services</li> <li>Positive transitions</li> <li>Responsive services</li> <li>Improved self esteem</li> <li>Improved engagement and accessibility</li> <li>Positive relationships with professionals</li> </ul>	<ul style="list-style-type: none"> <li>Equity of service provision for physical and mental health</li> <li>Greater awareness of local health needs to inform planning</li> <li>Reduce unwarranted variation</li> <li>Clear LAC offer across SET</li> <li>Positive experience of services</li> </ul>

<b>Statement Number</b>	<b>Quality Statement NICE QS 31</b>
QS 1	Looked After children, young people and care leavers experience warm and nurturing care
QS 2	Looked after children, young people and care leavers receive care from services and professionals that work collaboratively.
QS 3	Looked after children and young people live in stable placements that meet their needs and preferences.
QS 4	Looked after children, young people and care leavers have on-going opportunities to make sense of their identify and relationships.
QS 5	Looked after children and young people receive specialist and dedicated services within agreed timescales.
QS 6	Looked after children, young people and care leavers who move across local authority or health boundaries continue to receive the services they need.
QS 7	Looked after children, young people and care leavers are supported to fulfil their potential.
QS 8	Care leavers move to independence at their own pace.